



Applied Suicide Intervention Skills Training

SPONSORED BY: CENTENNIAL MENTAL HEALTH CENTER

WHEN:

March 31st and April 1st from 8:30 am—4:30 pm. **Attendance is mandatory for both full days.** Please arrive on time to complete the registration process.

LOCATION:

Kit Carson Ambulance Building, Burlington, Colorado (Corner of 16th St. and Lowell Ave.)

REGISTRATION:

Completed by emailing Events@CentennialMHC.org. Please include name, address, phone number and agency/organization. Questions contact: Maranda Miller, Events@CentennialMHC.org or 970.520.5603

Limited space available! Training is **FREE!** Registration closes **3.25.15.**

ASIST is a 2-day workshop designed to teach skills to confidently intervene with someone at risk of suicide. ASIST is a standardized suicide intervention program developed by LivingWorks Education, INC.

Who should attend?

Any community member wanting to learn intervention skills, parents, grandparents, teachers, administrators, classified school staff, nurses, mental health providers, probation officers, social workers, faith-based community leaders, physicians, first responders and law enforcement.

What will you experience?

- ◆ An understanding of your own attitudes and beliefs about suicide, an understanding of how attitudes affect intervention and a clear idea of your role as a caregiver.
- ◆ Develop skills necessary to use the Pathways to Assisting Life (PAL) model, including understanding what a person at risk needs from a suicide intervention caregiver.
- ◆ Practice using PAL model including understanding the safety framework and developing a keep safe plan
- ◆ Become more ready, willing and able to intervene when someone is at risk of suicide